

HEALTH & SAFETY TRAINING FIRST AID TRAINING CONSTRUCTION & TRADE TRAINING IOSH & NEBOSH ELEARNING COURSES

BIBBY CONSULTING & SUPPORT | BRUNSWICK COURT | BRUNSWICK STREET | NEWCASTLE UNDER LYME | STAFFORDSHIRE | ST5 1HH



HEALTH & SAFETY TRAINING SERVICES

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Bibby Consulting & Support

Training Courses

We understand the need to deliver cost-effective and tailored training, which will not only ensure that you meet your legal obligations but will also help to improve overall efficiencies.

Using our team of expert trainers, we deliver courses in a relaxed environment supported by concise and easy to follow course notes. All of our courses can be delivered at your own offices/site or alternatively you can join a small group at one of our chosen venues throughout the UK.

Our Employment Law Courses and Health & Safety Training Sessions:

- Are delivered by experienced and professional trainers;
- Consist of direct content and delivery; straightforward and focused on the key issues;
- Have a relaxed and interactive forum, allowing you to share and build on your experiences with other delegates;
- Are supported by clear, easy to follow guidance material.

General Health & Safety Training:

COSHH Awareness
Fire Awareness and Marshal Training
Food Hygiene Awareness
General Risk Assessment
Lone Working
Manual Handling
Safety Awareness

First Aid Training:

AED Defibrillation
Basic Life Support
Emergency First Aid at Work
First Aid at Work Requalification
First Aid at Work

Construction & Trade Training:

Abrasive Grinding Wheels
Asbestos Awareness
Avoidance of Underground Buried Services
Confined Space Awareness
Construction Health & Safety Awareness
Electrical Safety at Work
Work at Height Including Safe Use of Ladders and Steps

ConstructionSkills

Site Management Safety Training Scheme
Site Supervisor Safety Training Scheme

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Training Courses

NEBOSH ▼

General Certificate

IOSH: ▼

IOSH Directing Safely
IOSH Managing Safely
IOSH Working Safely

elearning Courses: ▼

All available elearning courses

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General Health & Safety Training



General Health & Safety Training **COSHH Awareness**

Aims and Objectives:

There are a wide range of chemicals and other hazardous substances used within the workplace, often without thought or concern of the health implications. The COSHH Awareness Course is aimed at those who use substances hazardous to health at work and introduces delegates to the hazards associated with those substances, the risks and controls available and what to expect from a COSHH assessment.

Course Content:

- An understanding of the COSHH Regulations
- How ill health and injuries occur
- Why we use a risk assessment and the legal requirements
- COSHH Assessments in practice
- The principles for controlling substances hazardous to health

Certification:

All delegates who successfully complete this course will be awarded the COSHH Awareness Certificate.





General Health & Safety Training

Fire Awareness and Marshal Training

Aims and Objectives:

To establish a standard which will help employees to have a better understanding of the employer/employee responsibilities in the workplace with particular reference to the Regulatory Reform (Fire Safety) Order 2005, including reference to the Management of Health & Safety at Work Regulations 1999. This course also covers the regulations concerning the safe storage of chemicals and highly flammable liquids and liquid petroleum gas.

This course fulfils the requirements under Regulatory Reform (Fire Safety Order) 2005 definitions, of the Fire Manager and Fire Marshal roles in an organisation.

Course Content:

- Understand the legal duties placed upon the employee and the employer
- Understand how fires start, behave and spread
- General fire precautions in the workplace
- Correct actions to take upon hearing the fire alarm (i.e. Local procedures)
- Your role in the event of evacuation from the building or between fire compartments
- Understand if, when and how fire-fighting equipment should be used
- Safe use of fire extinguishers
- HFL and LPG
- Chemical storage

Certification:

All delegates who successfully complete this course will be awarded the Fire Awareness and Marshal Training Certificate.





General Health & Safety Training

Food Hygiene Awareness

Aims and Objectives:

Any person who handles, prepares or cooks food should undertake appropriate food hygiene training. For those working in the care sector, basic food hygiene training must be completed by all food handlers. This includes all kitchen staff, staff who help to serve food and drink and any other member of staff who is likely to come in to contact with food.

This course aims to provide the information necessary to understand the safe working practices required when handling, preparing, cooking or storing food.

Course Content:

- Introduction to food hygiene
- Food hygiene legislation
- Causes and prevention of food poisoning
- Personal hygiene required by food handlers
- Storage and temperature control of food
- Preparing and serving food safely
- Cleaning procedures
- Handling of refuse
- Pest control

Certification:

All delegates who successfully complete this course will be awarded the Food Hygiene Awareness Certificate.





General Health & Safety Training

General Risk Assessment

Aims and Objectives:

A properly implemented Programme of Risk Assessments can assist in the prevention of injuries, fatalities, property damage incidents and other losses. Apart from the corporate and personal benefits arising from Risk Assessment, employers and the self-employed have a legal duty to make suitable and sufficient assessments of the risks to the Health & Safety of employees, non-employees and the self-employed.

The General Risk Assessment Programme is designed for anyone with a responsibility to conduct Risk Assessments. It is particularly useful for Managers and Supervisors but it will be equally beneficial to individual workers, Team Leaders, Technicians, Engineers or any other personnel contributing to the risk assessment process.

This training enables delegates to be competent to undertake a General Risk Assessment upon completion.

Course Content:

- Legal Requirements for undertaking Risk Assessments
- Benefits of Risk Assessment Programmes
- Good Practice in Risk Assessment
- Identifying Common Workplace Hazards
- Rating and Prioritising Risks
- Introducing and monitoring effective controls
- Recording and Reviewing Assessments

Certification:

All delegates who successfully complete this course will be awarded the General Risk Assessment Certificate.





Aims and Objectives:

This course aims to provide delegates who work alone with the basic safety knowledge to enable them to be aware of the risks and suitable controls required when working alone. It is also suitable for managers and supervisors who are responsible for those who work alone.

Course Content:

- Introduction to Health & Safety
- The legal framework
- Responsibilities of managers and supervisors
- Hazards associated with lone working
- Assessing the risk of lone working
- Identifying control measures that can be implemented
- Practical ways of staying safe whilst working alone

Certification:

All delegates who successfully complete this course will be awarded the Lone Working Awareness Certificate.





General Health & Safety Training

Manual Handling

Aims and Objectives:

This course is aimed at those who wish to gain a basic understanding of safe manual handling practices and principles. This course will introduce delegates to the hazards of manual handling, the risks involved, the controls available and what to expect from a manual handling assessment.

Course Content:

- Manual Handling Operations Regulations 1992
- What is manual handling?
- Related injuries
- Risk assessments
- Risk reduction planning
- Basic rules and good handling technique
- Risk assessment in the workplace

Certification:

All delegates who successfully complete this course will be awarded the Manual Handling Certificate





General Health & Safety Training **Safety Awareness**

Aims and Objectives:

Employers are required to ensure that all employees receive suitable and sufficient training in Health & Safety, relevant to their workplace. This course aims to provide delegates with the information necessary to work safely within their workplace, and to understand how they can manage their own safety and the safety of those who share their workplace. This course is also ideal as a Health & Safety induction for new employees.

Course Content:

- Introduction to Health & Safety
- Responsibilities
- Introduction to risk assessment
- Common hazards in the working environment
- Introduction to fire safety
- Introduction to manual handling
- Introduction to hazardous substances
- Reporting of accidents and incidents
- Summary

Certification:

All delegates who successfully complete this course will be awarded the General Safety Awareness Certificate.



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First Aid Training



First Aid Training

Automatic External Defibrillator (AED) & CPR

Aims and Objectives:

This course will provide theoretical and practical training in the use of Automatic External Defibrillators (AED) including effective Cardio Pulmonary Resuscitation (CPR).

Every two minutes, somebody in the UK suffers a heart attack. The sooner that a defibrillator is deployed to shock the heart back in to rhythm, the greater the persons chance of survival will be. You are far more likely to suffer a cardiac arrest at work than be injured in a fire, yet fire training is far more common than AED training.

Course Content:

- Treatment of an Unconscious Casualty
- CPR (Cardio Pulmonary Resuscitation)
- Heart Attacks and Angina
- Introduction to AEDs
- Operating the AED

Certification:

Upon successful completion of this course – including a practical assessment, each delegate will be awarded with a Certificate of Competence.





First Aid Training

Basic Life Support / CPR

Aims and Objectives:

This half day course will provide theoretical and practical training in the essential skills of Basic Life Support as defined in the Resuscitation Council UK Guidelines 2005.

This course is particularly suited to health care workers who are required to carry out annual update training in Basic Life Support, or any person who has an interest in BLS, or a first aider who would like to refresh their BLS skills. Health care workers are required to complete annual update training in a range of areas, one of which is Basic Life Support / First Aid.

Course Content:

- Adult Resuscitation
- Adult Choking
- Recovery Position
- Shock & Major Bleeding

Certification:

All delegates who successfully complete this course will be awarded a Certificate of Attendance.





First Aid Training

Emergency First Aid at Work

Aims and Objectives:

This HSE accredited one-day course will provide theoretical and practical training in basic lifesaving first aid. At the end of the course, delegates will be trained to act as an Emergency First Aider in their workplace.

Course Content:

- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- Resuscitation / CPR
- Choking
- Shock
- Bleeding
- Common workplace injuries
- Recording incidents and First Aid actions

Certification:

Upon successful completion of this course, an HSE Approved certificate will be issued which is valid for 3 years.





First Aid Training

2 x Days

First Aid at Work Requalification

Aims and Objectives:

This HSE accredited course is designed for those who hold a valid HSE First Aid at Work Certificate. This course will update their skills and renew their certification for a further three years.

Course Content:

- Managing an incident
- The priorities of first aid
- The legal duties of employers
- Treatment of an unconscious casualty
- Resuscitation / CPR
- Heart Attacks
- Choking
- Asphyxiation
- Shock
- Bleeding
- Fractures
- Burns
- Eye injuries
- Poisoning and exposure to harmful substances
- Minor and major illnesses
- Common workplace injuries
- The correct use and management of first aid kits
- Appropriate record keeping

Certification:

Upon successful completion of this course and the practical examination, a HSE Approved certificate will be issued which is valid for 3 years.





First Aid Training

HSE First Aid at Work

Aims and Objectives:

This HSE accredited course will provide theoretical and practical training in workplace first aid, and will provide the delegate with the knowledge and confidence to effectively manage a first aid incident or emergency in the workplace.

Course Content:

- Managing an incident
- The priorities of first aid
- The legal duties of employers
- Treatment of an unconscious casualty
- Resuscitation / CPR
- Heart Attacks
- Choking
- Asphyxiation
- Shock
- Bleeding
- Fractures
- Burns
- Eye injuries
- Poisoning and exposure to harmful substances
- Minor and major illnesses
- Common workplace injuries
- The correct use and management of first aid kits
- Appropriate record keeping

Certification:

Upon successful completion of this course and the practical examination, a HSE Approved certificate will be issued which is valid for 3 years.



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Construction & Trade Training



Training for Trade

Half Day

Abrasive Grinding Wheels

Aims and Objectives:

To establish a standard, which will help employees to reduce injuries by having an understanding of the Regulations (Provision and Use of Work Equipment Regulations 1998) and safe methods of working with abrasive grinding wheels.

Course Content:

- PUWER regulations 1998
- PPE - Employers and employees duties under the regulations
- Hazards arising from the use
- Speeds of abrasive wheels/spindle speeds
- Receiving, handling, inspection and storage methods
- Training and appointment of persons to mount abrasive wheels
- Methods of dressing an abrasive wheel
- Adjustment of guards and work rests
- Diamond wheels

Certification:

All delegates who successfully complete this course will be awarded the Abrasive Grinding Wheels (PUWER 1998) Certificate.





Training for Trade

Asbestos Awareness

Aims and Objectives:

Asbestos awareness is essential for employees whose work holds the potential to expose them to asbestos. Regulation 10 of the Control of Asbestos Regulations 2006 (CAR 2006) puts a requirement on employers to ensure that their staff have undergone suitable asbestos awareness training so that they are aware of the potential dangers they may face and also the procedures they must follow in the event they are working in the vicinity of asbestos-containing materials. The main group of workers that are deemed to be at risk from asbestos exposure and therefore the groups most requiring asbestos awareness training are as follows:

- General Maintenance Staff
- Electricians, Plumbers and Gas Fitters
- Painters and Decorators
- Construction and Demolition Workers
- Joiners and Plasterers
- Computing and Telecommunications Engineers
- Roofers
- Architects and Building Surveyors

Course Content:

- The properties of asbestos and its effects on health
- The types, uses, and likely occurrence of asbestos and ACMs in buildings and plant
- The general procedures to be followed when dealing with an emergency in the event of the uncontrolled release of asbestos dust in the workplace
- How to avoid the risks from asbestos

Certification:

All delegates who successfully complete this course will be awarded the Asbestos Awareness Certificate.





Training for Trade

Avoidance of Underground Buried Services

Aims and Objectives:

This course is designed to establish a standard, which will help employees to have a better understanding of employer/employee responsibilities in the workplace with particular reference to Health & Safety in construction and avoiding dangers from underground buried services (HSG47) including the correct selection and use of equipment.

Course Content:

- Understanding the legal duties placed upon the employees and the employer
- The correct selection of equipment
- Basic electromagnetic theory
- Detection and location of signal sources
- The tracing of non-metallic pipes
- Use of cable locators, signal generators and ancillary equipment

Certification:

All delegates who successfully complete this course will be awarded the Avoidance of Underground Buried Services Certificate.





Training for Trade

Confined Space Awareness

Aims and Objectives:

The Confined Space Awareness Course has been designed to provide all delegates with an awareness of the legislation and hazards relating to confined space operations.

Course Content:

- Awareness of confined space legislation and regulations
- Ability to recognise and identify a confined space
- Understanding of the hazards associated with a confined space environment and personal protective equipment
- Atmospheric monitoring
- Safe entry, working and exit procedures
- Access and safety equipment
- Search procedures in a confined space and the associated problems

Certification:

All delegates who successfully complete this course will be awarded the Confined Space Awareness Certificate.





Training for Trade

Construction Health & Safety Awareness

Aims and Objectives:

This Construction Health & Safety Training Course has been designed for construction operatives with little or no knowledge of Health & Safety and those wishing to update their knowledge. By the end of this course, trainees will be aware of their legal duties and responsibilities, the major hazards they may encounter when working in construction and the current standards of control they will be required to achieve to comply with the law.

Course Content:

- General responsibilities
- Accident prevention and Reporting
- Health and Welfare
- Manual Handling
- Work at Height
- Personal Protective Equipment (PPE)
- Emergency Procedures of First Aid
- Safe Use of Hazardous Substances
- Electrical Safety
- Hand Held Equipment and Tools
- Fire Prevention and Controls
- Safety Signs and Signals
- Site Transport Safety
- Noise and Vibration
- Excavations and Confined Spaces

Certification:

All delegates who successfully complete this course will be awarded the Construction Health & Safety Awareness Certificate.





Training for Trade

Electrical Safety at Work

Aims and Objectives:

Whilst the dangers of electricity at work are well known, many employees operate electrical equipment in dangerous conditions and use unsafe methods, unaware of the potential consequences. This session covers the basics of electricity and the Electricity at Work Regulations.

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the safer use of electricity and electrical equipment.

Course Content:

- Electrical theory
- Electrical dangers and fault association
- Prevention
- Inspection of appliances
- Electricity at Work Regulations 1989
- Electric Shock - a guide

Certification:

All delegates who successfully complete this course will be awarded the Electrical Safety at Work Certificate.





Training for Trade

Work at Height

Aims and Objectives:

Falls from height remain the biggest cause of workplace deaths and one of the main causes of major injury. Ladders are frequently used incorrectly and in some cases the wrong type of ladder can be used, increasing the risk of falls. This course aims to raise awareness of the risks associated with working at height and suggests suitable controls to reduce the level of risk.

Course Content:

- What is working at height?
- Legal requirements for complying with the updated Regulations
- Causes of injuries and avoidance
- Selecting ladders
- Inspecting ladders
- Erecting ladders
- Safe use of steps
- Practical demonstration
- Control measures/storage/maintenance

Certification:

All delegates who successfully complete this course will be awarded the Work at Height Including Safe Use of Ladders and Steps Certificate.



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ConstructionSkills Training



ConstructionSkills

Site Management Safety Training Scheme

Aims and Objectives:

The 5-day SMSTS training course is intended for project managers, site managers and site supervisors as well as proprietors of small to medium sized companies. Client-based personnel would also benefit from attending the SMSTS course. Possession of the CITB SMSTS qualification is listed in the Approved Code of Practice for the Construction (Design and Management) (CDM) Regulations as a demonstration of competence in the role of site manager.

The SMSTS course helps managers and supervisors to:

- Manage Health & Safety on site in accordance with current legal provisions and within the context of their management or supervisory role
- Develop an understanding of responsibilities and accountability for site health, safety and welfare
- Recognise a safe site is efficient, economical and productive.

Course Content:

The SMSTS training course covers The Health & Safety at Work Act and the regulations relevant to the Construction Industry (and other workplaces), including:

- Site Set-up
- CDM
- Risk Assessment
- Method Statements
- Scaffolding
- Electricity
- Excavations
- Demolition
- Confined Spaces

Certification:

Upon completion, each delegate will be awarded with the ConstructionSkills Site Management Safety Training Scheme certificate valid for 5 years.





ConstructionSkills

Site Supervisor Safety Training Scheme

Aims and Objectives:

The Site Supervisor Safety Training Scheme (SSSTS) course has been designed to meet the needs of site supervisors within the construction industry. This course is for first line managers – those who have to, or are about to, acquire supervisory responsibilities. The course aims to highlight the need for risk assessment in the workplace, implementation of the necessary control measures and adequate communication and monitoring in order to provide and maintain positive standards of health, safety and welfare on a construction site.

Upon completion of the SSSTS training course, candidates will be able to:

- Understand the problems of the industry;
- Appreciate how Health & Safety law is structured;
- Identify how their supervisory role fits into that of the manager in controlling site safety;
- Carry out risk assessments and understand the need for method statements;
- Carry out site inductions, toolbox talks and method statement briefings;
- Understand what is meant by proactive and reactive monitoring and appreciate their need.

Course Content:

The SSSTS training course covers The Health & Safety at Work Act and the regulations relevant to the Construction Industry (and other workplaces), including:

- Construction Accidents: types, numbers and immediate and underlying causes
- Health & Safety Legal System
- Acts, Regulations, Approved Codes of Practice and Guidance Notes
- Risk Assessment in areas such as:
 - Work at height
 - Demolition
 - Noise
 - Occupational Health
 - Fire
 - Control of contractors
 - Electricity
 - Confined Spaces

Certification:

Upon completion, each delegate will be awarded with the ConstructionSkills Site Supervisor Safety Training Scheme certificate valid for 5 years.



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NEBOSH Courses



11 Days

NEBOSH

General Certificate

Aims and Objectives:

The NEBOSH General Certificate in Occupational Health & Safety training course is for personnel e.g. managers, supervisors, non-safety specialists etc with Health & Safety responsibilities and who need a grounding and recognised qualification in occupational safety and health.

Course Content:

The NEBOSH General Certificate consists of two units – each with eight elements.

Unit 1 – Management of Health & Safety

- Element 1 – Foundations in Health & Safety
- Element 2 – Health & Safety Policy
- Element 3 – Organising for Health & Safety
- Element 4 – Promoting a Positive Health & Safety Culture
- Element 5 – Risk Assessment
- Element 6 – Principles of Control
- Element 7 – Monitoring, Review and Audit
- Element 8 – Incident and Accident Investigation, Recording and Reporting

Unit 2 – Controlling Workplace Hazards

- Element 1 – Movement of People and Vehicles
- Element 2 – Manual and Mechanical Handling
- Element 3 – Work Equipment
- Element 4 – Electricity
- Element 5 – Fire
- Element 6 – Chemical and Biological Hazards
- Element 7 – Physical and Psychological Health Hazards
- Element 8 – Construction Activities

Each delegate is required to sit one written exam per unit during the NEBOSH General Certificate training course and submit a handwritten practical assessment.

Certification:

All delegates who successfully pass this course will be awarded the NEBOSH General Certificate.



IOSH

Directing Safely

Aims and Objectives:

The course aims to provide directors/owners of small to medium enterprises with an understanding of the moral, legal and economic cases for proactive Health & Safety management and to give guidance on effectively managing risk.

At the end of the day, delegates will:

- Understand the importance of strategic Health & Safety management and its integration into other business management systems
- Identify accident causes and plan for prevention through risk assessment and control strategies
- Know the consequences of failing to manage Health & Safety effectively
- Understand the importance of employee selection and the effect of human factors on Health & Safety
- Understand the importance of consultation and communication with employees on Health & Safety issues
- Know the importance of performance monitoring for continual improvement of Health & Safety management

Course Content:

The course reflects the principles embodied in:

- The Health & Safety Executive's guidance 'Successful Health & Safety Management' (HSG65)
- The Turnbull report (Internal controls: Guidance for Directors on the Combined Code)
- The government and Health & Safety Commission's 'Revitalising Health & Safety' strategy statement

Certification:

Upon successful completion of this course, each delegate will be awarded with the IOSH Directing Safely certificate.



IOSH

Managing Safely

Aims and Objectives: ▼

Managing safely is for managers and supervisors in any sector, and any organisation. It's designed to get managers up to speed on the practical actions they need to take to handle Health & Safety in their teams. Managing safely won't turn delegates into safety experts – but it will give them the knowledge and tools to tackle the Health & Safety issues they're responsible for. Importantly, it brings home just why Health & Safety is such an essential part of their job.

Course Content: ▼

The IOSH Managing Safely course contains 8 modules:

1. Introducing Managing safely

Some managers may see Health & Safety as an add-on to their role – even an intrusion. The first module makes it clear that managers are accountable for their teams, and makes a persuasive case for managing safely.

2. Assessing risks

This module defines and demystifies 'risk' and 'risk assessment'. Risk assessments and a simple scoring system are introduced, and delegates carry out a series of assessments.

3. Controlling risks

Here the session tackles cutting risks down, concentrating on the best techniques to control key risks, and how to choose the right method.

4. Understanding your responsibilities

This module looks at the demands of the law and how the legal system works, and introduces a Health & Safety management system.

5. Identifying hazards

All the main issues any operation has to deal with are covered in this module – entrances and exits, work traffic, fire, chemicals, electricity, physical and verbal abuse, bullying, stress, noise, housekeeping and the working environment, slips, trips and falls, working at height, computers and manual handling.

6. Investigating accidents and incidents

The session starts with why accidents should be investigated, and goes on to cover why things go wrong, and how to carry out an investigation when they do.

7. Measuring performance

This module explains how checking performance can help to improve Health & Safety. Delegates learn how to develop basic performance indicators, and get to grips with auditing and proactive and reactive measuring.

8. Protecting our environment

A short but effective introduction to waste and pollution leads into a look at how organisations and individual managers can get involved in cutting down environmental impacts.

Certification: ▼

Upon successful completion of this course, including a written assessment and work-based project - each delegate will be awarded with the IOSH Managing Safely certificate.



IOSH

Working Safely

Aims and Objectives:

Working safely is for people at any level, in any sector, needing a grounding in the essentials of Health & Safety. Everyone at work should have an understanding of why they must 'work safely' – and this course offers exactly that. Working safely isn't supposed to turn delegates into safety experts. It focuses on why Health & Safety is important, and how individuals can make a real difference to the wellbeing of themselves and others through changing their behaviour.

Course Content:

The IOSH Working Safely course contains 5 modules:

1. Introducing Working safely

It's not unusual for delegates coming on an introductory course to think that accidents only happen to 'other people'. This module stresses the realities of the human suffering behind the statistics and emphasises the importance of personal responsibility.

2. Defining hazard and risk

This module puts 'hazard' and 'risk' into everyday language, and uses familiar examples to show what can happen. Importantly, it makes it clear that even something that is very simple or repeated over and over again can go wrong, with serious consequences. Focusing on the six broad hazard groups, delegates are asked to think about the hazards and risks they come across in their own work. 'Risk assessment' is demystified – delegates learn that we all carry out informal assessments day in, day out.

3. Identifying common hazards

All the main issues are covered in this module – entrances and exits, work traffic, fire, chemicals, electricity, physical and verbal abuse, bullying, stress, noise and the working environment, slips, trips and falls, and manual handling. Each area is backed by crystal clear examples and recognisable scenarios, and useful summaries reinforce the key learning points.

4. Improving safety performance

This module deals with systems and processes, making sure that any jargon is explained in easily understood terms. The session bridges the gap between management and workforce, encouraging delegates to play a part in processes that are commonly seen as just down to their manager or supervisor. Other areas – including contract work, inspections, safe systems and permits, protective equipment, signage, emergency procedures, reporting and health checks – are all focused on from the delegate's point of view.

5. Protecting our environment

A short but effective introduction to waste and pollution leads into a look at how organisations and individual team members can get involved in reducing environmental impacts. Memorable and thought-provoking facts and figures help drive the points home.

Certification:

Upon successful completion of this course, each delegate will be awarded with the IOSH Working Safely certificate.

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elearning Courses

elearning

All available elearning courses

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CONSTRUCTION SAFETY

Fundamentals for Safety
Workplace Bullying & Harassment
Height Safety Essentials
PPE Essentials
Manual Handling for Industry 2010
Safety Awareness
Hazardous Substances Safety Essentials
Mobile Elevating Work Platform (MEWP) Safety Essentials
Drug & Alcohol Awareness
Understanding Eye Safety at Work

DRIVER SAFETY

Driver Fatigue Management
Shift Work Safety Essentials
Drug & Alcohol Awareness
Forklift Stability Essentials
Forklift Safety Essentials

HOSPITALITY AND FOOD SAFETY

Food Safety Essentials
Retail Manual Handling
Understanding Safety in the Office
Building Fire Safety: Low Rise
Building Fire Safety: High Rise

MANUAL HANDLING

Office Manual Handling 2010
Manual Handling for Industry 2010
Warehouse Manual Handling 2010
Retail Manual Handling

OFFICE SAFETY

Drug & Alcohol Awareness
Office Fire Prevention and Response
Understanding Safety in the Office
Ergonomic Essentials for the Office
Office Manual Handling 2010
Maintaining a Harassment Free Office: Employees
Office Fire Prevention and Response
Office Building Fire Safety: Low Rise
Office Building Fire Safety: High Rise
Risk Management Safety Essentials
Health and Hygiene Essentials for the Office
Active Listening Skills

RETAIL SAFETY

Drug & Alcohol Awareness
Retail Manual Handling
Maintaining a Harassment Free Office: Employees
Food Safety Essentials
Building Fire Safety: Low Rise
Building Fire Safety: High Rise
Understanding Safety in the Office
Warehouse Manual Handling 2010

WAREHOUSE SAFETY

Drug & Alcohol Awareness
Warehousing and Storage Safety Essentials
Workplace Bullying & Harassment
Warehouse Manual Handling 2010
Forklift Stability Essentials
Forklift Safety Essentials

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